



Yuma County

September 2010

## Yuma Tobacco Asthma Coalition

# Air Mail

*"The Greatest Wealth is Health".* Virgil

### Quotable:

"Now is the time.  
Needs are great, but  
your possibilities are  
greater."

-Bill Blackman

### In this Update:

- FDA Announces End for CFC-Propelled Inhalers
- Wind Advisory Program
- Polycyclic Aromatic Hydrocarbons
- Scene Smoking: Smoking in Movies and Youth
- Upcoming Events
- Smokeless Tobacco and Heart Attack

### Legislative Update:

## FDA Announces End for CFC-Propelled Inhalers

The FDA has ordered seven **chlorofluorocarbon (CFC)-propelled inhalers** for the treatment of asthma and COPD removed from the market over the next nine months to meet its obligation under a treaty designed to protect the ozone layer.

The FDA warns patients that the availability of the phased-out products is uncertain and that alternatives to current treatments should be discussed with a health-care professional as soon as possible.

The extended period before the system phase out will give patients time to have these discussions with their healthcare providers.

See the list of the inhalers and their deadlines for removal at:

[//www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm208302.htm](http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm208302.htm)



## Yuma Tobacco Asthma Coalition (YTAC) is now accepting applications for the Wind Advisory Program

The Wind Advisory Flag Program is expanding and YTAC is looking for a committed organization or school who can step up to the challenge of delivering the Flag Program message to the community.

Prerequisites include the following:

- Flag pole
- Assign staff
- Conduct ongoing trainings
- Demonstrate sustainability efforts
- Active participation in the YTAC

The YTAC will provide the technical support and the toolkit for the implementation of the Flag Program. To learn more about this program please contact the lead Agent: Yuma county Public Health Services District: Tobacco Use Prevention Program (TUPP) at (928) 317-4580.

### It's Official:

Regional Center for Border Health, Inc. will launch the Flag program at the San Luis Walk-In Clinic in the next few weeks. Date and Time of the official Launch ceremony to be announced.



## Upcoming Events

November 3, 2010

The YTAC and Yuma County Tobacco Prevention Program will be hosting a binational seminar to provide education to medical providers who provide services to Arizona Residents. For this purpose the **Lung Chronicles II "Unmasking the Offenders: Allergies and Asthma"** will take place; space is limited to 20 participants. For more information contact Frances Herrera at (928) 317-4580.

November 16, 2010

The Yuma Tobacco Prevention Program will be at the Arizona Western College along with the American Lung Association hosting the Anti-Smoking Day providing information and education to AWC students in observance of the Great American Smoke Out . People who smoke are encouraged to stop smoking for one day allowing them to understand that they can quit. For more information contact Lorraine Castro t (928) 317-4580.

November 17, 2010

**2010 Yuma Respiratory Rally** Come join the American Lung Association and Yuma Regional Medical Center for a special day of education for those with chronic lung disease, their families and caregivers. This one day educational experience comes complete with dynamic speakers, compelling break out sessions, and the opportunity to receive information and resources. Yuma Regional Corporate Center: 399 W 32nd Street. Yuma, AZ 8:30 a.m.—12:30 p.m. For more information contact : (928) 336-2784.

November 18, 2010

Arizona Western College will be having their annual Family Fun Night. For more information please contact Ms. Carmen Falcon at (928) 344-7704.



## Smokeless Tobacco and Heart Attack and Stroke

With the start of smoke free laws tobacco companies began looking for innovative ways to keep tobacco consumers using tobacco products. Smokeless tobacco has been seen as a safer alternative in the past along with the fact that smokeless tobacco is not included as part of the smoke free laws and can be used almost anywhere. According to a study performed by the International Agency for Research on Cancer in France, led by Dr. Paolo Boffetta, analyzed results from the smokeless tobacco studies, a total of 11

studies led in both Sweden and the United States and discovered "a small increased risk of death from a heart attack or stroke among users of smokeless tobacco products compared with non-users...the consistency of the results among studies and their robustness with respect to study design and quality added to their credibility" (Science Daily, 2009).

Reference:

Science Daily. (2009). *Smokeless Tobacco Increases Risk of Heart Attack And Stroke, Research Finds*. Available: <http://www.sciencedaily.com/releases/2009/08/090820124036.htm>. Last accessed 25 August 2010.



### YTAC Members

- Yuma County Public Health Services ▪ Regional Center for Border Health, Inc. ▪ Sunset Community Health Center, Inc.
- First Things First ▪ Yuma Regional Medical Center ▪ Somerton Middle School ▪ Alice Byrne Elementary School
- Arizona Department of Environmental Quality - Office of Children's Environmental Health
- Health Choice Generations HMO ▪ Campesinos Sin Fronteras ▪ Western Arizona Council of Governments Head Start
- University of Arizona M. and E. Zuckerman College of Public Health ▪ Child and Family Resources, Inc.
- San Luis Parks and Rec ▪ Chicanos Por La Causa Head Start ▪ Desert View Academy